

# What do we really have versus what is really needed?

## The Industry-View

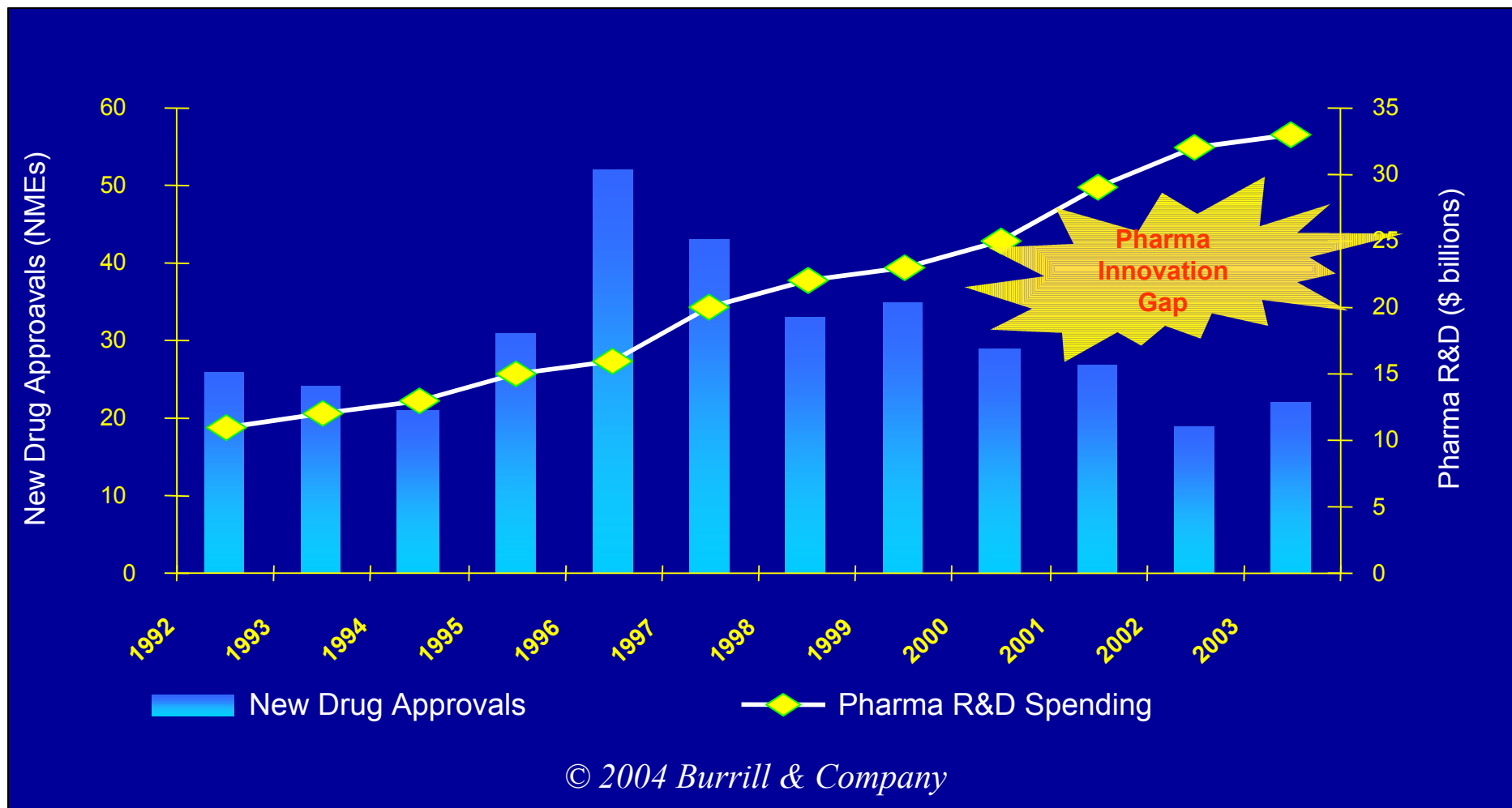
**Philippe Vanparys, PhD**

**Johnson & Johnson Pharmaceutical Research & Development  
Beerse, Belgium**



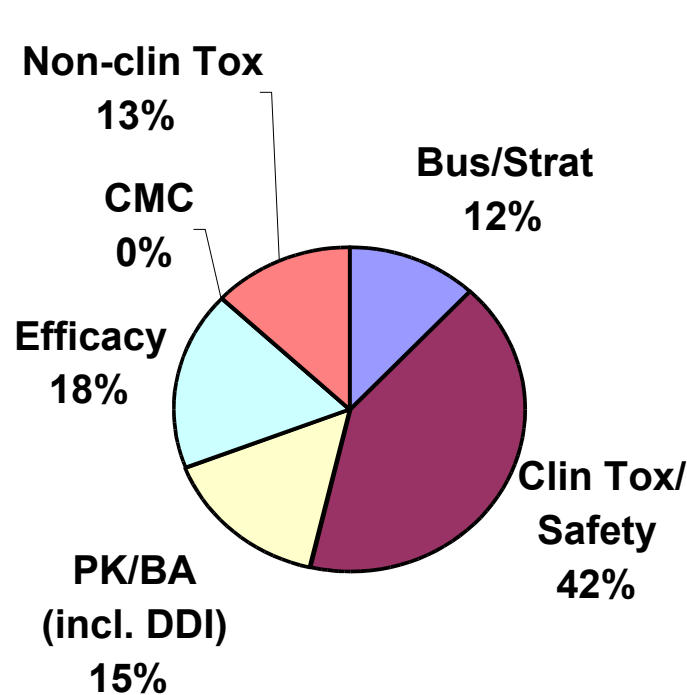
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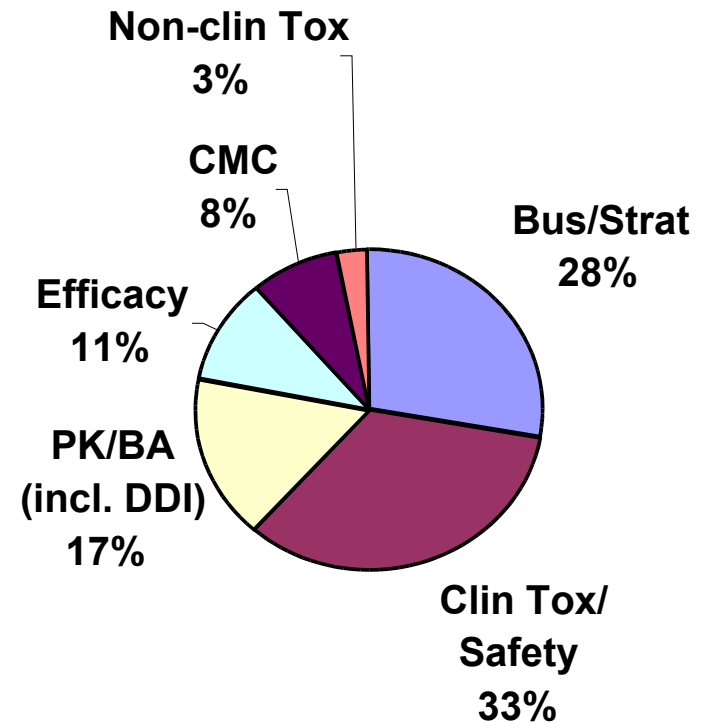


**New test models and lower attrition rate of drug candidates can help to address the “Pharma Innovation Gap”**

# Primary reasons for discontinuation in Phase I



**PBF\* Benchmark 2000-04**  
**n=195 (incl. JNJ, excl. reasons <10%)**



**JNJ Pharma 2001-05**  
**n=18**

\*Pharmaceutical Benchmarking Forum: Abbott Labs, Amgen, AstraZeneca, BMS, Lilly, GSK, J&J, Merck, Novartis, Pfizer, Roche, Schering-Plough



## Safety findings J&J Pharma: ~33% of Phase 1 terminations

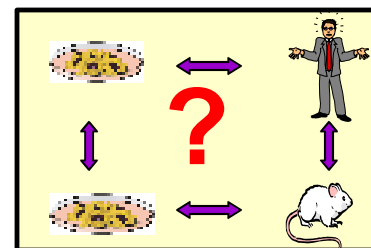
Reason for discontinuation after starting clinical studies	Frequency	
	Preclinical findings	Clinical findings (Phase I)
Cardiotoxicity	1	3
Hepatotoxicity	0	3
Nephrotoxicity	0	1
IV irritation	0	1
Skin rash	0	1

- Hepatotoxicity accounts for 27% of drugs withdrawn from the market in the period 1960-2002.



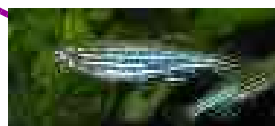
# Need for better in vitro and in vivo liver toxicity test models

→ Define new and better testing strategies



→ Make better use of existing regulatory test models

→ Develop new in vitro and in vivo test models

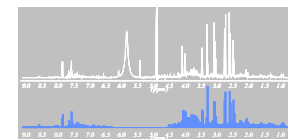
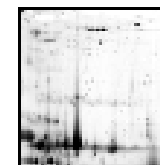
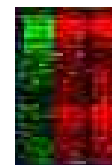


Try to get more  
with less animals

→ Implement HTS models for compound selection

Know more earlier

→ Integrate new techniques to define the mechanism of action



**"Think out of the box"**

**"Discovery consists in seeing what everyone else has seen and thinking what no one else has thought"**

**Albert Szent-Gyorgi (1893-1986)**



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# New in vitro models: cytotoxicity testing



## Pfizer study [O'Brien et al. Arch. Toxicol, 2006; 80 (9): 580-604]

➤ 611 compounds tested in vitro on HepG2 cells (48h incubation; 7 parameters)

- 42 severely human hepatotoxic compounds
- 283 moderately human hepatotoxic compounds
- 286 non-toxic drugs



	Sensitivity	Specificity
1 DNA synthesis	10	92
2 Protein synthesis	4	97
3 Gluthathione depletion	19	85
4 Superoxide induction	1	97
5 Caspase-3 induction	5	5
6 Membrane integrity	2	99
7 Cell viability	10	92
Combination of above tests 1,3, 7	25	83

Late  
indicators  
of cell  
stress



LDH, NR  
ATP

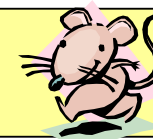
(J&JPRD)

High need for improved cytotoxicity assays

Regulatory animal toxicity studies

52

-



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Other cytotoxicity markers than the classical ones were tested in a high content screen

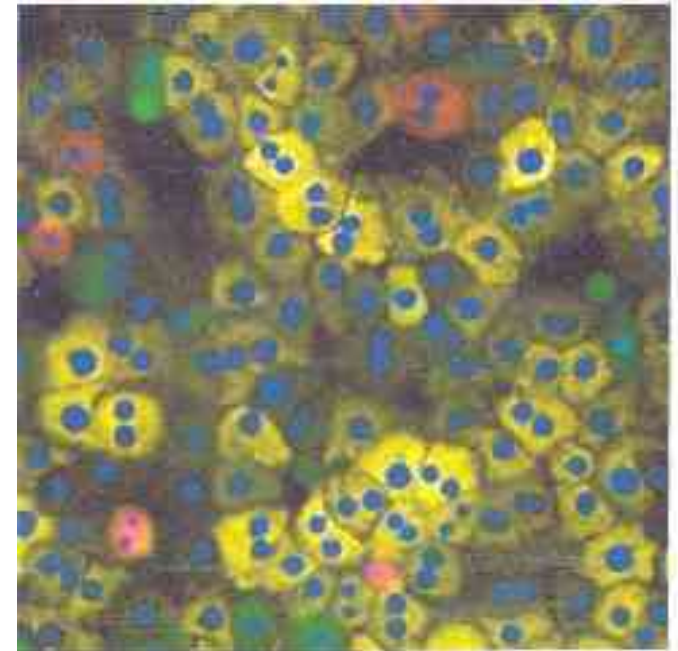
Tested 4 fluorophores in HepG2 for 3 days

•Hoechst33342: nuclear size and cell number: nuclear shrinkage is hallmark of apoptosis. (late stage cytotox parameter).

•Fluo-4 AM: intracellular free calcium: early indicator of cell stress.

•TMRE: mitochondrial membrane potential: indicator of respiratory capacity of the cell (very early cytotox marker)

•TOTO3: plasma membrane permeability: late stage tox indicator (post mortem)



243 drugs

✱ Sensitivity for human toxicity increased to 93%

✱ Specificity for human toxicity increased to 98%



# Results of a follow-up study by J&JPRD at CEREP



- The cytotoxicity assays with **new parameters** in HepG2 cells seem to be **superior** to classic cytotoxicity assays (LDH, ATP, neutral red, MTT, AlamarBlue, ...)
- In most of calculated  $IC_{50s}$ , the **mitochondrial membrane potential** was the most sensitive parameter
- **Lowest  $IC_{50s}$**  with the new parameters are always lower than the in house  $IC_{50s}$  values with LDH, NR and ATP
- Some evidence that the **Lowest Toxic Concentration (LTC)** is more predictive than the  $IC_{50}$
- When the compounds are ranked according to their **Therapeutic Index [TI = LTC/Cmax]**, a better prediction to hepatotoxicity is obtained.





# Results (2)



## How predictive is this assay?

- Currently database of 186 compounds (internal data, Cerep data, published Cerep data).

	LTC<10 μM	LTC<30 μM	LTC<100 μM	TI<10 LTC	TI<30 LTC	TI<100 LTC
Severely hepatotoxic (42)	14+ 28- =33%+	24+ 18- =57%+	29+ 13- =69%+	31+ 11- = 74%+	36+ 6- = 86%+	42+ 0- =100%+
Moderately hepatotoxic (60)	26+ 34- =43%+	35+ 25- =58%+	48+ 12- =80%+	37+ 23- = 62%+	49+ 11- = 82%+	53+ 7- = 88%+
Toxic to other organs (48)	22+ 26- =46%+	29+ 19- =60%+	39+ 9- =81%+	27+ 21- = 56%+	37+ 11- = 77%+	42+ 6- = 88%+
Non-toxic drugs (36)	3+ 33- =8% false+	4+ 32- =11% false+	14+ 22- =39% false+	1+ 35- =3% false+	1+ 35- =3% false+	4+ 32- =11%false+



# Results (3)



## How predictive is this assay?

Internal classifier LTC  
(LTC<30 µM = cytotoxic)

		Liver toxic in vivo	
		yes (*)	no
Cytotoxic in vitro	yes	59	4 FP
	no	43 FN	32

(\*): Significant/Moderate Human Hepatotoxic

	%
Sensitivity	58
Specificity	89
Concordance	66

Internal classifier TI  
(TI<30 = cytotoxic)

		Liver toxic in vivo	
		yes (*)	no
Cytotoxic in vitro	yes	85	1 FP
	no	17 FN	35

(\*): Significant/Moderate Human Hepatotoxic

	%
Sensitivity	83
Specificity	97
Concordance	87

**Pfizer study: sensitivity with conventional parameters was only 25%**



# Conclusion on cytotoxicity testing



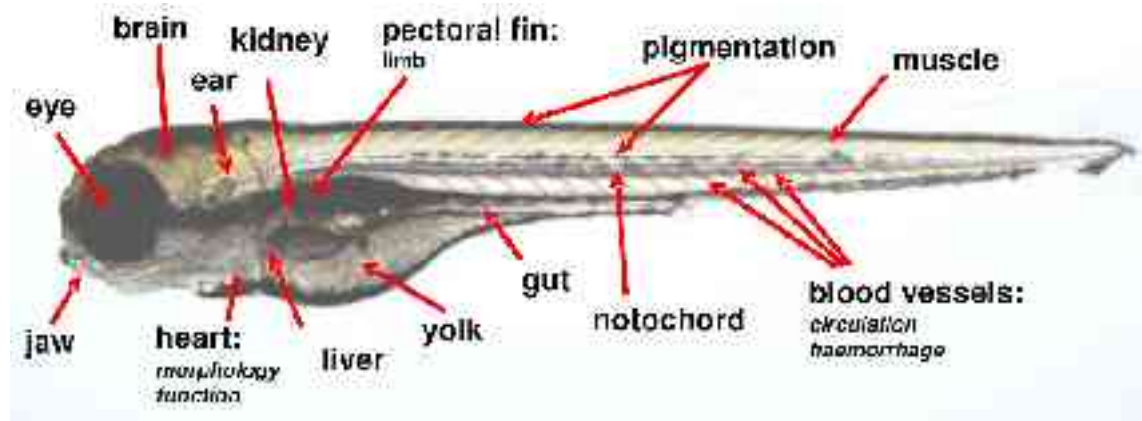
**Sensitivity improved by using other parameters  
and  
by looking to the data in a different way.**



# New in vivo test models: the zebrafish (1)



- physiology and development parallels that of mammals
- optical transparency of the larvae makes real time observations of its internal organs simple



- are small and inexpensive to maintain



# The zebrafish as test model (2)

- larvae can live several days in a single well of standard 24, 96 or 384 well plates surviving on nutrients stored in their yolk sac

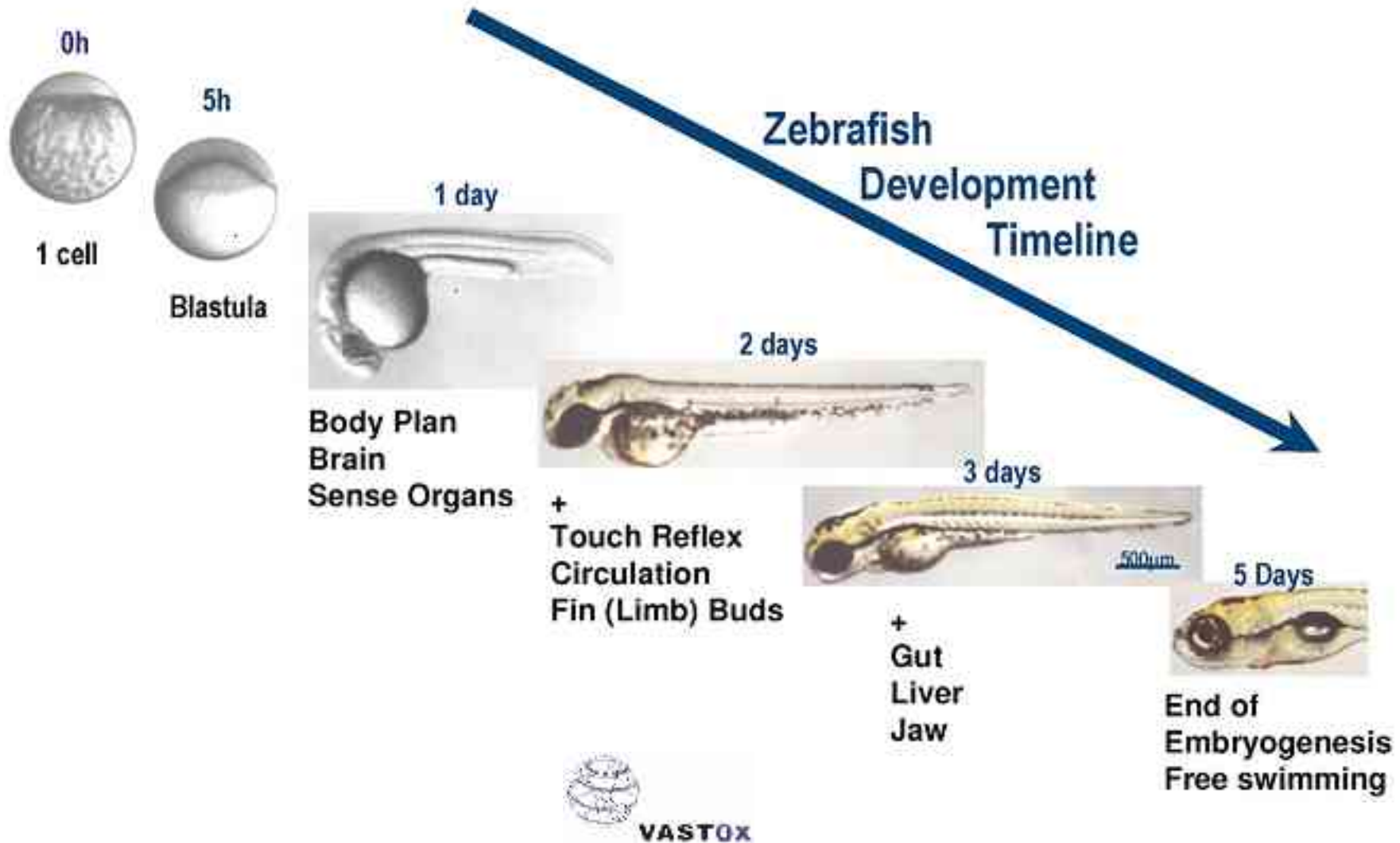
**Zebrafish larvae at 6 days post fertilization in a 96-well plate**



- easily bred in large numbers (a single pair of adults can routinely lay hundreds of fertilized eggs in a single morning)
- larvae absorb compounds in the surrounding water (Danieau's solution) through their skin and gills
- the liver constitutes 9% of the biomass
- compounds are solved in fish water or DMSO (tolerate up to 1.5% DMSO)



# Zebrafish as test model (3)



# Test design: phenotypic screen for hepatotoxicity



- Concentrations: 0.5, 5, 10, 50, 100 and 500  $\mu\text{M}$
- 14 larvae per concentration
- Dosing takes place at 96 hpf (day 4) at which time the liver is fully developed
- Assessment for liver toxicity at 144 hpf
- Embryos are screened using a stereo dissecting microscope for the following endpoints:

- Liver necrosis
- Changes in size and shape of the liver
- Yolk abnormality (yolk sac oedema)
- Lethality



# Test design (2)



Ear Brain

Notochord

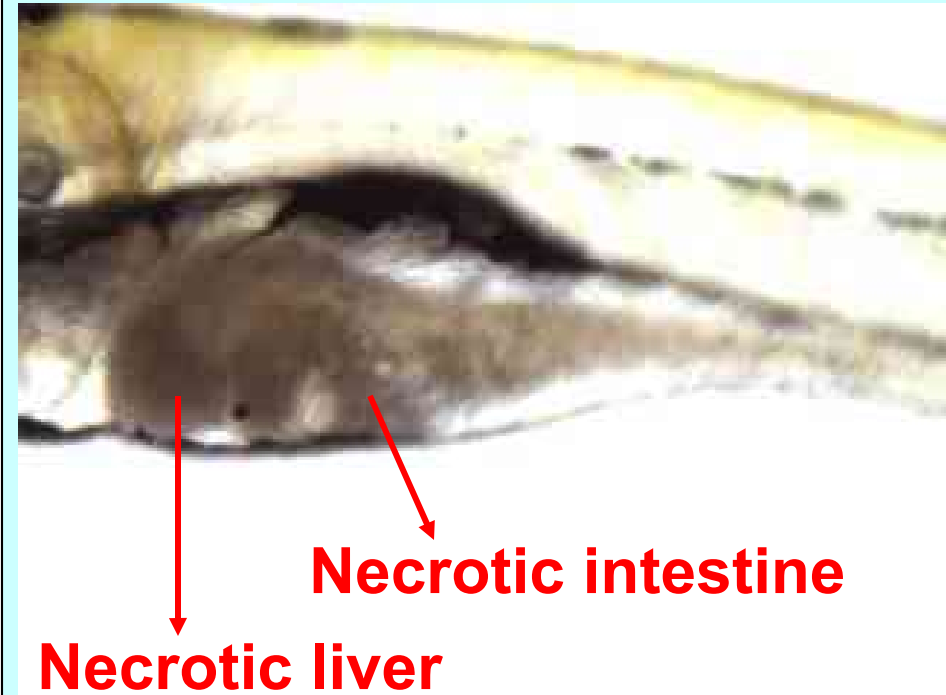
Pectoral fin

Heart

Liver

Yolk sac

Negative control



Liver toxicity  
(500  $\mu$ M Acaftadine)



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# Results

## (1)

Name	Pharmacological activity	Hepatotoxic in mammals	Hepatotoxic in zebrafish
Lusaperidone	Antidepressant	Monkey and human hepatotoxic	
Clofibrate	PPAR- $\alpha$	Rat and a few cases in humans	ATN
Oxyphenisatin	Laxative	Human hepatotoxic	
Ketoconazole	Antifungal	Rat hepatotoxic	(*)
Itraconazole	Antifungal	Rat hepatotoxic	
Ridogrel	Thromboxane synthetase inh.	Rat hepatotoxic; not human hepatotoxic	
Acaftadine	Anti-histaminic	Rat hepatotoxic	
NCE 1	V1a-antagonist	Rat hepatotoxic	ATN
NCE 2	CRF-1 antagonist	Monkey & human hepatotoxic; neg. in rat & dog	
Amiodarone	Antiarrhythmic	Severely human hepatotoxic	
Danazol	Steroid hormone	Severely human hepatotoxic after metabolism	
Valproate	Anticonvulsant	Severely human hepatotoxic after metabolism	(*)
Furazolidone	Antibiotic	Moderately human hepatotoxic	
Tamoxifen	Estrogen receptor modulator	Mod. human hepatotoxic after metabolism	
Troglitazone	PPAR- $\gamma$ activator	Human hepatotoxic	
HP-Beta-CD	-		
NCE 3	Antiviral		
Sucrose	-		
Gentamycin	Antibiotic	Not hepatotoxic but nephrotoxic and ototoxic	
Praziquantel	Anthelmintic		
Biotin	Vitamin H		
ATN: Additional Testing Needed			Negative
(*): Bioanalysis needed to prove bioavailability			Equivocal
			Positive

# Results (2)



## Phenotypic screen only (19 compounds)

		Liver toxic in rodents and/or humans	
		yes	no
Liver toxic in zebrafish	yes	10	3 FP
	no	3 FN	3

	%
Sensitivity	77
Specificity	50
Concordance	68



# Results (3)



Compound	Concentration (µM)															Conclusion
	0.5	5	7.5	10	20	25	30	50	75	100	200	300	500	1000		
Amiodarone										P			P			
Danazol																
Troglitazone																
Lusaperidone																
NCE2																
Tamoxifen																
Itraconazole									L	L						
Furazolidone										L			L			
Gentamycin																
Praziquantel																
Ridogrel											L					
Acaftadine													L			
													L			
NCE3																
Ketoconazole																
Oxyphenisatin																
HP-beta-CD																
Sucrose																
Valproate																
Biotine																
NCE1															Additional testing	
Clofibrate															Additional testing	
No effect		Liver necrosis	P: Precipitation							Not tested		Lethal				
		Weak liver toxic												L: Lethal		

# Conclusion on the zebrafish



- The zebrafish model is a suitable and promising model to screen for liver toxins. An acceptable sensitivity index was obtained.
- Human specific liver toxins were detected to be hepatotoxic to the zebrafish at low concentration levels.
- False positives were only obtained at high concentration levels.
- Phenotypic screen may be used as a first filter for liver toxicity.

Case by case, compounds are tested in the zebrafish for hepatotoxicity.

# Acknowledgement

## Mechanistic Toxicology

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# Thanks

# Questions?

